

TELEGRAPH-JOURNAL

Good drinking across Nova Scotia, Part II

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Section: Craig Pinhey - Good Drink

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Continuing my wine, beer and spirits expedition across our neighbouring province, my travels took me to Halifax, Atlantic Canada's hotbed for brewpubs, microbreweries, and fine dining establishments.

Character-filled brews are easily found at Rogue's Roost on Spring Garden Road, where I tried their refreshing new pilsner and my old favourite: traditional IPA, strong and bitter! Not five minutes walk from there you can enjoy a wonderful meal at Fid, one of the best restaurants in Canada.

From the capital we headed down the unspoiled Eastern Shore to Liscomb Lodge, where we enjoyed a quiet stay at this rustic family friendly resort. A couple of hours further along the coast is the town of Guysborough, which now sports a nifty brewery in the Rare Bird Pub, with its spacious waterside deck.

It's a gorgeous building, and the beers are decent, though a bit light in body and flavour.

Heading over into Cape Breton we spent a night at the groundbreaking Glenora Distillery, where you can proudly drink local, top quality Single Malt Whisky, while enjoying fabulous meals in their pub or restaurant. The menu will surprise you with its originality and there's live local music every day!

We capped our visit of the area with a tasty lunch at the quaint Red Shoe Pub in Mabou, home of music's Rankin Family, whose members share ownership of the pub. Next stop? Marble Mountain, where Cape Breton winemaking grapes are grown.

Travelling from West to East takes time, but if you stop to enjoy the good drink and hospitality along the way, it's well worth the drive.

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